

DIFFERENCES BETWEEN RELIGION AND SPIRITUALITY

A religious person may believe in God out of naivety, out of unconscious pragmatism, in order to uphold tradition, in order not to offend Him (out of fear), if He really exists... Such faith is unsustainable, shallow. It is important for a religious person to fulfill his duty to the church or some sect and...be calm, he is a true Christian. He believes that for such consistent services to the church, he will be guaranteed the Kingdom of God after death. This is how a religious person who knows nothing about spirituality thinks. His faith is a kind of attachment, dependence in the name of "peace". I think I would not be very wrong to call Christians religious people. They need mass on Sundays, so that they can have peace during the week, so that they can donate 10 or 5 euros to the church, so that God will not be angry if something...

Spirituality is not the same as religiosity! Moreover, spirituality has nothing to do with religiosity. How to prove it? It is almost impossible to prove it in words. Spirituality is *special practice*, and religiosity is action, prayer, rituals, and scripture study.

Christianity, unfortunately, has taken the path of religiosity, the easiest and simplest. Why bother, *what* "There is a God," why ask, *who am I*? No one can answer those questions. You read the prayer book and you are "at peace". Why bother? After all, holy people wrote these things... How can I not believe them? Religiosity is attractive in its simplicity: you are involved in rituals, you can participate in various processions, church holidays, or even get the right to read a couple of verses from the Holy Scriptures during mass. What an honor! The churches are so ornate, the priests' vestments shine with gold and silver. It is beautiful to the eye and the heart. A religious person approves of everything, even with enthusiasm. With a certain fanaticism.

But for a spiritual Buddhist, nothing is needed, a cave in the mountains and a handful of seeds for a snack are enough. He is demanding in a different way, he needs a lot of Spirit, into which he longs to merge and dissolve. What a Buddhist experiences during meditation, a religious Catholic has no idea, because all kinds of mysticism terrifies him. After his rituals, a Buddhist goes out to beg for alms and good people give him money or food. He is content with that and does not complain. For a modern Catholic, such a lifestyle would be terrifying. However, it was not always so. After the Exodus of Jesus Christ, his disciples and believers who remained lived *exactly like that*, in small communities, did not accumulate wealth, and what was

The wealthier ones, such as Marcion, donated all their wealth to the community, to the building of the church. They believed in the Living Christ, awaited His return.

Today's Catholic or any other Christian is a busy person, he cannot sit idle and meditate. He is burdened by many worries: work, family, various duties, hobbies. A Buddhist is a free bird. He takes his mat, stretches out on the ground and "flies" to God. The Spirit is Living Food for his body and soul. He does not talk much, although like a Christian he reads holy books and adheres to fairly strict moral principles. It is not difficult for him. A Buddhist does not give anyone an account of his life, does not go to confession, he simply *does not commit bad actions*. So, who is holier, Catholic or Buddhist? You decide.

I don't want to contradict anyone, I'm speaking facts. If someone asked me which I trust more, a Buddhist or a baptized person, I would answer without a doubt: of course, the first. Because for a Buddhist, spiritual practice has been ingrained in his consciousness, lifestyle and behavior since infancy. Christians have been accustomed to hypocrisy since time immemorial (not all, of course). They don't live only by the Holy Spirit. After leaving the church, they can do whatever they want, beat their neighbor, get drunk, beat up people... They don't control themselves, they're not used to it. They don't know themselves. They constantly need the help of a psychologist, a calming pill. Isn't that true?

If it were possible to reform the church and teach baptized people meditation and contemplation, perhaps things would improve. Such attempts already exist. The Jesuits were probably the first to do this in our country. However, in America and some parts of Europe, meditation after mass is already practiced en masse in some churches, but unsuccessfully. Meditation requires certain conditions. It requires knowledge, because immersion in the Holy Spirit is not a simple act. I have already written about what can happen when meditating.

On the other hand, the church is afraid of meditating people, because spiritual practice liberates a person, makes him conscious. And this means that a person realizes that he does not need the church. He can meditate on his own, wherever and whenever he wants. Churches would collapse, decay without constant financial support, priests would have no source of livelihood. Therefore, I do not believe in church meditation. It is ineffective and shallow. There is no hope that the Christian church will ever change. It will continue to adhere to old traditions, the usual dogmatics, will talk a lot, and from time to time will be indignant at the bad behavior of believers (as many priests do), that they have abandoned the house of God, that they are behaving wickedly.

Where is this "house of God"? Jesus Christ said clearly:

GOSPEL ACCORDING TO THOMAS

3 JESUS SAID:

If the leaders tell you, 'Look, the kingdom is in heaven,'
At that time the birds of the air will overtake you;
if they tell you that she is in the lagoon,
at that point the fish will outrun you. **But the
kingdom is within you and near you. When you know
yourself, then you too will be known and
you will know that you are a son of the living Father.
And if you don't know yourself,
At that time you are in trouble and you yourself are the trouble.**

However, and unfortunately, the Gospel of Thomas does not belong to the canonical gospels, it was discovered only in 1945 in Egypt. Christians knew nothing about the other gospels at all throughout the entire period of Christianity. They lived only on the metaphors of Jesus Christ from the 4 gospels and other selected sources, so different and so contradictory. The spirit of Christians has weakened, dogmatism has become intrusive, it has become ineffective. It is difficult to admit this, but it is necessary.

What should a person do who is restless inside, when life itself shows horrifying examples of decline? How to save themselves? Soul saviors extend their hands to them. There are all kinds of them: from psychologists, psychiatrists, Buddhists and real religious charlatans, occultists. The choice (look on the Internet) is huge: tens of thousands of visitors from various groups. The prices of services are shocking, but, as far as I understand, analyzing the market for "spiritual services", the demand is considerable. Here is the answer for you, where Christians have fled. To yogis, to Zen Buddhists, to medical centers, to the "Way of Love"... etc. And what? They are happy, everyone is smiling, their eyes are shining, there are no more problems.

Unfortunately, there are quite a few of these problems in spiritual practices. In the book, I presented some of the reasoning of Buddhist psychologists about problems in the spiritual "sector". If some sex-hungry citizen comes there, he can direct the entire "high" of the practice to the realization of physical satisfaction. And there are many of them. Quite a few meditators remain stuck in the "first chakra" and do not rise higher. Who knows
- you will understand what I mean by that. The founder of Pune, Osho Rajneesh, was also outraged by such "clients". However, he did not remain silent when he saw everything, but constantly spoke, explained and nailed all kinds of sexopaths to the "cross". There are a lot of his texts on this subject on the Internet. Search
- you will find them.

So, religiosity and spirituality follow different paths to God. This is how God's Plan, invisible to the naked eye, is apparently taking place. Only awareness can

to save humanity from the quagmire of all its own self-created problems in which it is currently mired.

The more people realize that in life it is not only career, money and sex that are important, but also spiritual things. Until the latter become a priority on their Path, we will live in constant stress, illness and anger. We are close to destroying the very planet Earth, our home.

Therefore, I invite you to read, analyze, use your brain for good purposes. Learn from those who KNOW. Choose your teachers carefully, remembering that there are very few of them. **In my opinion, the only true teachers were Buddha and Christ.** Many teachers have turned their teachings into a business. The less you rely on all sorts of gurus and priests, the better. Go to God THROUGH YOURSELF. He will help you get on the true Path. To the Light. I managed to go straight to the goal without anything stopping me. I do not consider myself an enlightened person (for this I needed the conditions to engage in meditation not at the end of life, but at the beginning), but what I understood - I am grateful to Osho and Jesus Christ for this. They both had to endure great suffering. Osho was poisoned with thallium in US prisons (under Reagan) for his desire to free a person from religious prejudices, and Jesus Christ was crucified for his "revolutionary" speeches against the dogmatic teachings of the Pharisees. They both sought to enlighten the souls of people. They both sought to teach awareness, to change and transform a person. Did they succeed? In parts. Osho was an Indian mystic who revealed the essence of Buddha's teachings to modern man, and Jesus Christ wanted to free all people from pagan superstitions, to elevate people's hearts to Heaven, to Light, to the heights of the Spirit.

The lives of Jesus Christ and Osho were tragic, and this shows how terrible religious and other fanatics are, convinced of their own righteousness. The fates of Christ's faithful followers were also tragic. The church itself killed them en masse. Osho is still slandered in the press. And what is his fault? Is it that Westerners thirsty for pleasure flocked to Pune? He did not share pleasure, but read them such sermons that stripped their egos to the point of nakedness. It is not for nothing that long delegations of psychiatrists and psychologists went to Pune to learn to know man. Although Osho and Christ preached Love and only Love, they were killed by fanatics and politicians. To this day, most people do not know what LOVE is? Who does it belong to? Man or God?

Love is a powerful, evil-exploding force that can change the entire world, despite the rise of cruel aggressors and autocrats on Earth. **Love is Spirit, God.** If

Christians will continue to ignore spirituality, their church will degrade, they will be occupied by other religious fanatics for whom nothing is sacred. And it is already happening. Do you believe that your elected politicians will play the role of saviors? Take a closer look at them, what they do, who they are and how they behave, and then maybe you will realize that they reflect you, their voters. **Let's think together about the Reality we are in and which we ourselves create.**

REALITY AND US

Let's philosophize together. If Reality is Spirit, Light, God, then what is unreality? Unreality is what is created by ignoring Reality. In the case of man, these are phantasms of the mind. Being (Life) exists in harmony with Reality, but Life conflicts with unreality.

If we do not perceive Reality, it does not mean that It does not exist. Reality is greater than the creations of our mind. Than ourselves. You could also call It God. Our "reality" lies in our heads and we like to play in the space of artificial reality. We are proud of some of our creations. However, some of our games are cruel, full of hypocrisy, unlove, hostility. If we consider our irrational physical attraction to another person as love, even though we do not know its true origin, then that is already a problem. This is where we get stuck...

The fantasies of our mind (the creation of thoughts) create a secondary "reality" in which we live without even suspecting that the true Reality exists. It can be called by various names: God, Spirit, Light, Dao. A person does not conflict with Reality, because It does not enter into conflict with itself. A person conflicts with the artificial reality, the author of which he is. The relationship with the artificial reality can be hostile or friendly. When a person feels empathy for another, he feels happy. He does not even suspect that this empathy, often called love, is a manifestation of the True Reality. When a person experiences love, he feels happy even in his own distorted reality. Love gives him fulfillment and his relationship with the artificial reality becomes more friendly.

A person living in an artificial reality feels like a full part of it, actively contacts it, supports it, develops it, interferes with it by all means, with his whole body, mind and emotions, provoking others and himself to create positive or negative reactions. In an artificial reality, in a vortex of fantasies, a person uses his power and will among other people, thus contributing (unconsciously) to the change of artificial reality. As a result of such "creation", one often encounters

"hostile" forces of artificial reality and begin to conflict. The True Reality does not directly interfere in these processes, it remains neutral. However, we know that sometimes, and quite often, a person "falls out" of artificial reality and enters strange, unprecedented states that scare him, make him think and doubt everything he knew until then. Since he had no understanding of Reality, his creative mind begins to work. This is how various "ghosts", phantasms are born. A person believes in what *himself* creates. From here, pantheons of gods are born, vague images of a different reality, which is considered distant, unknown and frightening. Man becomes a medium between what he has created and what IS.

Over time, people appear who receive the "keys" to Reality and other knowledge. Having received them, they willingly share everything with others. This is how various mythical-mystical mental images are born. Over time, a person can no longer ignore Reality and seeks to know It even more deeply. Then Reality itself comes to the aid of a person and sends avatars, messiahs, teachers, inhabitants of this world to Earth.

Artificial reality is experiencing an existential crisis. Man begins to ask, who am I, who created me and this world? The image of God as the creator of everything is strengthened even more.

After the enlightenment of the Buddha, and later the Coming of Jesus Christ, the reality of this world splits into many religious segments. People unite in religious communities, conflict over whose god is more just, more powerful and more true. Brutal conflicts destroy the artificial reality, divide it. Religious wars take place. The world is in this state today. There are enlightened, conscious people who have a living contact with Reality, but the vast majority still exist in the world of artificial reality. **Only individual units realize that in reality there is no artificial reality, that everything is One, that conflicts are caused by unconscious beings who do not want to obey Reality and recognize It. A relationship with Reality does not immediately yield good results. As I mentioned, Reality does not interfere in people's lives - it waits for each individual to experience spiritual alchemy, transformation and accept It without any limitations of the mind, concepts and religions.** Overcoming religious prejudice is the most difficult task of artificial reality (after all, it created it itself). And those in power are taking advantage of it.

Religious leaders are not going to give up and keep people's minds subordinate to one religious concept or another. **The so-called "traditions" in this case play a dehumanizing role, they do not free man (thinking) from religious**

traps. Such is the status of today's people, civilization, and artificial reality.

It would be good, but, unfortunately, no one can speed up this process (Spiritual Global Transformation). It is slow, fierce, bloody, but still it is moving and will move in the right direction until everyone understands, becomes enlightened, recognizes their defeat as a Victory over artificial reality.

The Kingdom of God has not disappeared anywhere, It is waiting for us. Within us.

By the way, conscious (enlightened) people take on the burden of responsibility for the situation, seek to liberate man and are increasingly participating in the life of artificial reality. Buddhists leave their ashrams and go out to live in the world to bring people the wisdom of Buddha. Christians, unfortunately, stuck in time, do not intend to follow the Buddhist path. They strengthen their religious centers, synodality among them becomes a smoky eye - no one wants to lose "their" church. The saddest thing is that religious myths (dogmas) keep millions of people in darkness. Currently, Christianity "occupies" those territories of the Earth's inhabitants that were separated from civilization (Africa, South America and others). It seems that Christianity will soon become a religion of blacks, because white Europe no longer needs it. Which is confirmed by the priests themselves. The Vatican is currently doing a great job in that direction.

And Europe, the Western world, is changing noticeably, although, unfortunately, no one can provide statistics on how many modern Buddhists, Zen Buddhists, Krishnaists and other people of the Buddhist spirit live there. They do not wait for the world to collapse, but save their souls by practicing conscious connections with Reality. The Internet and social networks contribute significantly to the development of those connections. Those modern connections are of a "messianic" nature between artificial and real Reality - they are connected by networks of electricity and photon flows. Light is in everything.

A deadly battle is already beginning between two forces: artificial (AI) and human reality. This world is already preparing cadres (craftsmen and computer specialists) to fight those who do not want to submit to this (satanic type) power. Why satanically? Because this power is characterized by total domination of minds (souls) for the sake of profit, influence, markets. It does not matter who wins the battle and who dominates. It is terrible that *some Someone* will plunge the world into darkness, black obedience, deficit of choice. In this case, the struggle with man himself will be unequal, unless the latter categorically refuse to recognize that Something (DI). But it is unlikely that this will happen...Who will have a chance to survive and not lose his SELF? The one who has true KNOWLEDGE. At this stage of civilization, the KNOWLEDGE of the Gnostics is extremely precious. Although the world for the Word of Jesus Christ

set a trap and the true content of His Teaching was distorted, hidden, but it survived, was reborn and has the hope of uniting enlightened souls. You can contribute to this. Without your help, the process will take time. If it takes too long, darkness will come. Darkness can completely darken the Heaven of this world. Cherish His Light. Illuminate.

Noparticipate in the AI market, religious conglomerates, sects, – I mean, not just Christianity. Spiritual strength to you all! Remember that it is MAN HIMSELF who must change *of my own free will* which God gave him.

All that I write, I realized over a considerable period of time studying myself, the Word of Christ, the lessons of Osho and other Knowers. They all tried to explain to us: What is life? Who am I? What is Truth? What is Reality? I have no other way to get into your hearts: I have only words. Sometimes a word can kill, it can resurrect from despair, and sometimes it can do nothing - when it is necessary to explain, for example, what a spiritual experience is. The power of the word is unpredictable: sometimes it pierces the soul and tells *to act*. I have experienced that too. I must finish my work while I still have the strength. If after reading all this you continue to live according to the old ways, then that is your choice. I am attaching a whole bunch of thoughts from the books and sermons of famous spiritual teachers. I believe that their views on religiosity and spirituality will be useful to you too.

From the PRAYER OF JESUS CHRIST TO GOD THE FATHER



The Gospel According to John

John 17

¹³Now I'm going to you.

and these things I speak in the world, that they may have my

joy made full in themselves.

¹⁴I have given them your word,

but the world hated them,
for they are not of the world,
just as I am not of the world.
¹⁵I'm not asking,
that you might take them out of the world, but
that you might keep them from the evil one.

¹⁶They are not of the world,
just as I am not of the world.

¹⁷**Sanctify them with the truth!**
Your word is truth.

As you, Father, are in me and I in you,
let them also be one in us, so that the
world may believe that you sent me,

²²And the glory that you have given me,
I handed it over to them,

that they would be one, as we are one:

²³**I am in them and you are in me, so**
that they can reach perfect unity

and the world would know,

that you sent me
and love them as you loved me.

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The Gospel of John emphasizes the motif of UNITY of Jesus Christ with God the Father. Our duty is to strive for SPIRITUAL UNITY with GOD THE FATHER AND JESUS CHRIST. And what did Christians do? They turned the WORD into a tool of mutual struggle, a motive for philosophical disputes and a pretext for creating churches... Christianity has never been characterized by SPIRITUAL UNITY. It does not exist in the world, although God is ONE.

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BUDDHIST VIEWPOINT TOWARDS GOD:

Buddhism does not argue with God. It does not reject the Creator, but simply shows that creation has never been separate from Him. There is no form where there is no emptiness. There is no emptiness where there is no form. When you say God, the mind immediately draws boundaries: here is the sacred, there is earthly, here is heaven, there is earth. But if you look closely: everything that breathes, the same silence echoes.

Lift a stone and there is God. Cut down a tree and there is God. In a crack in a wall, in a rotting leaf, in your own doubts - all are one fabric. He is not somewhere. He is everywhere. True darkness is not the absence of light, but the inability of the eye to see forms. When the mind is silent, religion disappears, because there is no need to explain. There is no faith - there is direct knowledge. There is no worship - there is presence.

Buddha said: When you meet God, do not bow down; when you meet Buddha, break your concept. Not out of disrespect, but to free the infinite from the prison of human concepts. When the "I" and He disappear, only the breath remains. And in this breath is everything.

Without lungs, breathing is simply the movement of wind. Without wind, lungs are just a body waiting for something to call them to life. Breathing and lungs exist through each other, like mind and world, like question and answer. But separation is not the enemy. It is a tool of perception. Like a knife that can cut bread or cut an arm.

Suffering does not begin with separation, but with the belief in its finitude. When the mind says, "Here is 'I', and here is the world," it builds a wall and then looks for a door inside it. Attachment is the effort to hold on to form. When attachment disappears, separation loses its power. Then the mind separates but does not separate. It sees two but lives in one. And then breathing is just breathing, thought is just thought, and suffering is just the trace of trying to hold on to what is unattainable.

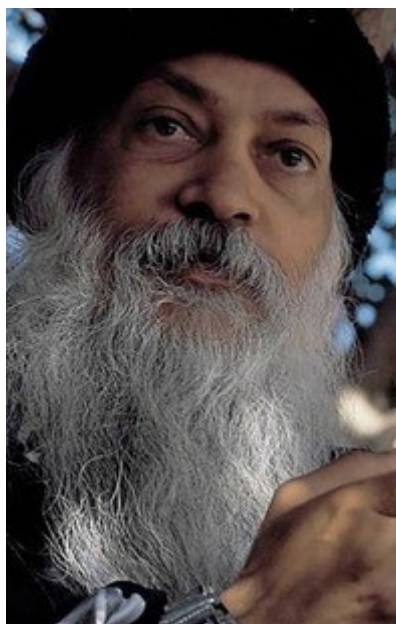
Air doesn't know it's air until it's inhaled. Consciousness does not know that there is consciousness until the thought "I am" arises. And as soon as "I" arises, it is already separated from what has always been. Buddhism does not teach us to search for God; it shows us where the search ends. When the seeker disappears, the air and the lungs cease to be separate. Breathing no longer belongs to the body – the body belongs to breathing. Without lungs there is no breathing, but without breathing there are no lungs.

So, who's first? The question itself inspires the answer and dissolves in it. He who has understood this does not seek breath - he himself is the air, and the lungs of the world breathe it.

From the Internet.

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OSO RAJNIS said:



A person matures the moment they begin to love more than to seek Love.

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Buddha says that birth is suffering, youth is suffering, old age is suffering, death is suffering, the whole of life is nothing but a long, long tragedy. If you accept any approach to life, you will see that Buddha is absolutely right: you yourself will be the proof...But I want to tell you that life is not suffering; I completely agree with Buddha. If life becomes suffering, it is your own doing; life itself is infinite joy. To know this infinite joy, you must approach it with an open mind. with a heart, with clenched fists...

Do not approach life with clenched fists. Loosen your fists. Go into life with all innocence. Showing any prejudices is a clever trick: you have already decided everything without trying, without experiencing, without living. You have come to certain conclusions, and if these conclusions are already in you before experience, you will naturally believe that life will confirm them. Life will not confirm it, but nevertheless your mind will try to find ways, means, arguments and facts to justify them.

I teach you to live without preconceptions about life. One of the main principles of my experience boils down to this: if you really want to know life, drop all the "isms" of philosophy. Then, openly, naked, walk toward the sunlight to experience the world as it really is.

It used to be thought that our senses were windows, that reality reached our deepest core through our senses. But now, recent research has revealed something else: our senses are not only windows, they are also gatekeepers. Only 2% of information is let in, 98% is left out. Anything that contradicts your understanding of life is rejected, and only 2% passes through this filter. And living only 2% is not living at all. If you can live 100%, why live only 2%?

Excerpt from the book "Life, Love, Laughter: The Gift of Atisha"

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OSO RAJNIS wrote:

Gautama Buddha (who lived 500 years before the advent of Jesus Christ) was the first mystic to emphasize compassion. Thus he began a new era. Before him, it was enough to just meditation; no one has emphasized the importance of compassion, which must accompany meditation. Meditation brings enlightenment, flowering and the highest self-expression - what more is needed? For the most enlightened, meditation is quite enough. The greatest merit of the Buddha is that he taught compassion first, and then meditation. First you need to cultivate love, kindness and compassion.

Gautama Buddha is not just enlightened; he is an enlightened revolutionary. His concern for the world and for people is boundless. When teaching his disciples, he said: "When you meditate and feel silence, peace and indescribable joy, do not hide these treasures; give them to the whole world. And do not worry: the more you give, the more you will receive. The ability to give creates miracles.

They can happen, you just have to understand that you lose nothing by giving,-on the contrary, you receive even more. But those who lack compassion do not know the secret of the ability to give and share with others."

Once, one of Gautama Buddha's disciples, a layman, not a sannyasin, but very devoted to the Buddha, said: "I will do everything you tell me...With one exception. I will give all my joy, all my meditation, all my inner treasures to the whole world - except my neighbor, because he is an ugly person."

The Buddha told him, "Then forget about the whole world and give all your treasures only to your neighbor."

The student was confused: "What are you talking about?"

Buddha said, "When you can give a gift to your neighbor, you will be free from hostility toward people."

Compassion means accepting the flaws and weaknesses of others and not expecting them to act like gods.

Compassion is based on recognizing the dignity of every person, helping people realize that what happened to you can happen to them, that no one is hopeless or worthless, that enlightenment is not something that needs to be earned, but something that is part of human nature itself.

Gautama Buddha is one of the stages in the evolution of consciousness. His contribution is enormous. And the most important component of his contribution is the idea of compassion. But you have to remember that being compassionate does not make you superior, otherwise you will ruin everything, and compassion will turn into ego-driven machinations. Remember that your compassion should not humiliate another person,- otherwise it ceases to be compassion and becomes power.

Compassion cannot be cultivated. It arises when there is no desire left. As soon as desire disappears, all your energy turns into compassion. During compassion, the energy flows differently. Desire has a motivation, a purpose; compassion is unmotivated and aimless. Compassion is overflowing energy. It is necessary to understand what compassion really is. Compassion is love that has reached maturity. Until you reach enlightenment, you must be careful not to suppress your energy of love.**All religions preach suppression: they teach us to condemn physical manifestations of love. As a result, you suppress the energy of love that can be transformed into compassion!**

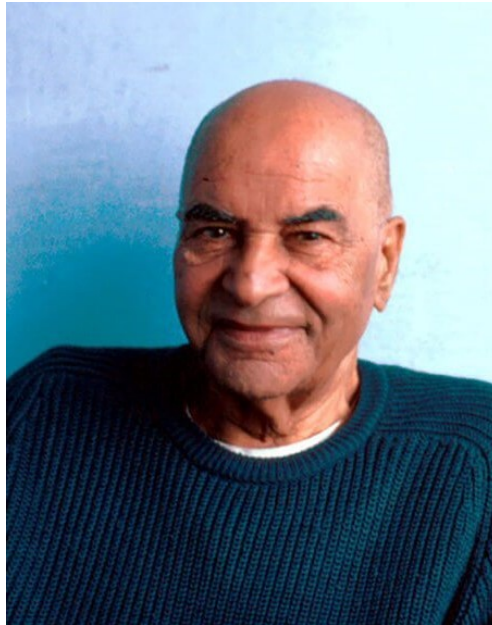
The Buddha urges us not to suppress the energy of love, but to purify it through meditation. So, as meditation develops, it purifies the energy of love and transforms it into compassion. When meditation reaches its culmination and blossoms into enlightenment, compassion also matures.

Try not to cultivate anything in yourself that is contrary to compassion. Such enemies of compassion are jealousy, competition, and the desire to dominate. All of these manifestations weaken it..Whenever you feel your compassion weakening, it means you are doing something that contradicts it. You can poison your compassion with some foolishness that will cause you anxiety, suffering, struggle, and a waste of an infinitely precious life.

Compassion is understanding. It is the most subtle understanding that a person is capable of. A compassionate person should not be disturbed by the little things that happen every minute of our lives. Only indirectly, through meditation, can you help your compassionate energy accumulate, crystallize, strengthen and grow. And then, on the day when..."**In a moment of bliss you will be filled with light,** you will have at least one companion - compassion. And your life will change immediately: you will have such wealth that you can make the whole world happy.

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PAPAJI said:



Be in Peace, and Peace will spread. From Peace comes Peace, from confusion comes Confusion.

So be in Peace and give it to the Universe, that is all you have to do. Even the thought "I am Peace" disturbs this Peace, so just be in Peace, be what you are. You are Being, not "you were", not "you will be", but "Being". You are that Eternity into which death cannot penetrate, because there is no time, there is no death. This Eternity is Now, and This is Being. **To be always shines, I AM is the LIGHT OF BEING.** This Diamond cannot be hidden and cannot be hidden. If the mind does not interfere, the face shines with Beauty and Innocence. Just be at Peace, be
for who you are.

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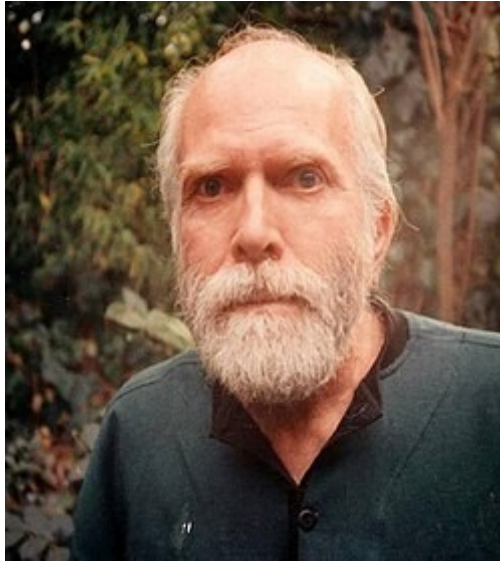
BUDDHIST RINCHEN TENZIN RINPOCHE ON THE FEAR OF DEATH:



"The fear of death arises from a lack of virtue. A person who has practiced all his life virtues, not afraid of death.

The moment of death passes painlessly. When, after death, in the bardo state, he experiences various visions, it becomes a useful practice for him. He does not experience intense fear or suffering from these visions, and at that moment one can attain the state of Buddhahood. We all need food, clothing, and shelter, and we must provide for them. But our attitude towards these things must be such that worldly concerns do not outweigh the virtues. If we care only for material goods,
"We will miss the opportunity and waste our precious human life."

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FROM THE ADVOCACY'S POINT OF VIEW. ROBERT ADAMS SAYS:



Everyone carries their own "cross"...towards liberation.

There are no problems. There is nothing wrong. Everything happens as it should. Everything happens at the right time. Space and time are illusions. In fact, they do not exist. They do not change. Causation does not exist either. Nothing has a cause, therefore nothing has a consequence. Cause and effect are products of your mind. When the mind is silent, karma ceases, samskara does not exist. Nothing ever had a cause. But if you feel that you did something wrong in a past life and are paying for it now, or if you think that you did something wrong in this life and have to pay for it, then you will have to pay for it. Because it happens as you think. There is really nothing to pay for because nothing ever happened. If you feel that something has happened to you, then you will have to suffer the consequences, because it is how you feel, what you believe. It is all in your feelings and belief system. But if you feel that you are being born every moment, every moment becomes new. Where is the consequence then? There is no time for consequence. There is no place for consequence. Everything becomes one – the present moment. And if you feel that way, then you can look into a future that doesn't exist and see what is happening. It's all in your mind. As long as you feel the situation, you know that your mind is doing it.



Leave the Universe to God. The whole secret is not to react. Just do what you can't help but do. And you will do what needs to be done. When you stay in your true self, everything will be fine. Everything will work out. This is a whole new turn of events. You are on God's team and you will be well taken care of. There are no words to explain it.

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Your True Self cannot have problems because It is blissful consciousness. Problems come from the ego. Only the ego has problems, no one else. Discover, *who are you*, Discover your True Self. "Jump" inside yourself. Be yourself. Become free.

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You, as you are, are your True Self. As you are, you are the immortal Absolute Reality. You only ruin it when you start thinking. You have all kinds of feelings and emotions. You try to change something with the help of psychology. But your mind will never let you go. The more you worry, the more you are afraid, the more you think that something is wrong, the more firmly your mind holds on to these things and will do worse and worse.

You need to accept life as it is.

Never think that someone is trying to harm you; don't think that you have made a mistake and that something is wrong. Everything in your life is right, everything is fine.

The point is how you react to it, that's where the problems start.

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A person who understands THIS writes:

How sweet it is to dream that death is not the end, but the beginning of a new stage, in which we finally you will no longer make mistakes and become enlightened, rich, or like a fluffy kitten. But the Buddha, unfortunately, spoiled this plot. He said that there is no hero. There is no one who passes from body to body. There is only an accumulation of causes, a flash of desires, habits and fears. When all this accumulates, new suffering is born. It is not "you" who will be reborn - ignorance will be reborn. Zen Buddhists do not waste time on fairy tales. They say: "Watch where you are going." There is no hell and heaven *somewhere there*, but simply *inside you* When the mind burns with greed, it is hell. When the self

disappears, there is no need for heaven. It's simple. So before you plan your next life, try to live it for a moment. *actually*. Without acting, without hope, without a passenger. And suddenly you find yourself where you wanted to be.

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SUFI WISDOM. HAZRAT INAJAT KHAN:



Beyond the narrow barriers of race and creed, we can all be united because we all belong to one God. The soul is the Spirit of God, and the Spirit of God dwells in the temple of the heart. This temple can be closed or open.

There are things in life that open it, and there are things that close it. The heart is closed by that which is contrary to love, tolerance and forgiveness, such as coldness, bitterness and malice, as well as the powerful element of duality. Today's world is much sadder than ever before. It seems that man is going from bad to worse in every possible way, but he believes that he is improving. This is not a lack of organization or civilization. Everyone has them. What do they lack? An openness of soul. It closes the door to its neighbor, closes the temple of its heart, and thus keeps God away from itself and others. Nation rises against nation, race against race, religion against religion. Therefore, today more than ever before, it is necessary to understand this philosophy. We do not need all religions to become one, or all nations to merge - that will never happen. But we need clear progress - we ourselves must become examples of love and tolerance. We will not achieve this *while talking* about it, arguing and discussing, but only through the knowledge of our own SELF. By becoming appropriate examples, by giving and receiving love, by demonstrating tenderness, compassion and a desire to serve God in every action. In it we can all unite, transcending the narrow boundaries of race or faith.

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SPIRITUAL MASTER BHAGAVAN SRI SATYA SAI BABA:



Vedanta is not about studying the thickest books, breathing exercises, living half-starved, or wandering. Vedanta teaches us to live righteously, honestly, and always striving to be to maintain balance.

Her beautiful face was disfigured by fanatical and false commentators of the scriptures. In their search for the hidden meaning in the statements of Vedanta, they began to interpret it wrongly. Where everything was clear, the commentators confused everything, so that people generally stopped believing in the benefits of spiritual work.

Vedanta is love, the philosophical basis of love.

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I will add from myself: something similar happened with the Word of Jesus Christ, when His commentary philosophers and churchmen, seeking to dominate each other, began to express their beliefs. Over 2000 years, the Teaching of Jesus Christ has changed so much that His Law of Love has turned into hundreds and thousands of dogmas. Spirituality was buried under those words, and religiosity has blossomed into fanaticism. Do you still have questions about the difference between spirituality and religiosity? Religiosity can "dress up" in the clothes of the righteous, become a tool of politicians and "prophets", - know how to separate the wheat from the chaff.

Thank you to those who help share spiritual wisdom with everyone. It is not my property.

Celestine