

# HUMANISM WITHOUT SPIRITUALITY...

## PREAMBLE

Today, February 28, 2026, US President D. Trump announced: Ali Khamenei is dead!



An extremely cruel religious tyrant has been eliminated to the joy of the majority of Iranians. Grant the exhausted nation of D. unity, common sense, spiritual strength, and courage to create/restore their human life.

**Let this be a lesson to all those suffering under the yoke of tyrants around the world:**

**It is inappropriate to support loud populists, to admire their hypocritical promises, it is dangerous to support all kinds of ultranationalists and ultra-left/right leaders - all of them, having received the reins of power, will treat you like sheep, and in times of resistance, they will slaughter you without mercy.**

The hope of humanism (humanity) has shone in the Middle East. Unfortunately, there are many tyrants in the world, of various kinds and very dangerous. They rely on people's naivety, hopelessness, poverty, spiritual darkness and lack of self-esteem. Therefore, new tyrants are constantly being born in different parts of the world. How to prevent this?

How can humanity be freed from the threat of self-destruction, and how much of the enormous resources (including human resources) can be devoted to fighting tyranny? Inhumanity.

**There is one way out. ONLY ONE. Let's think about it together.**

## WAS THERE AN AGE OF HUMANISM?

I recently purchased a book by a philosopher about the age of posthumanism. Respect to all who raise the importance of humanist ideas and know how to defend them with strong arguments.

It is bad when some spiritual leader ("savior") is exalted, and not the ESSENCE OF HUMANISM. When you lean on the "savior", be sure –

You will again experience the catharsis of disappointment...You will again blame your mistake on someone else, rather than your own faith in saviors. Believing in others, rather than your own inner light, will constantly destroy you.

While reading the aforementioned book, the question arose: if people talk/write about posthumanism, and even transhumanism, then there must have been an age of humanism before it. If there was, when? Maybe someone has found one, but I haven't. These are concepts invented by ingenious philosophers. Humanity has not yet lived in the age of true humanism, except in very old mythical times...which are often remembered when there are no arguments left.

**I have analyzed the history of humanity for a very long time and systematically - the era of humanism**

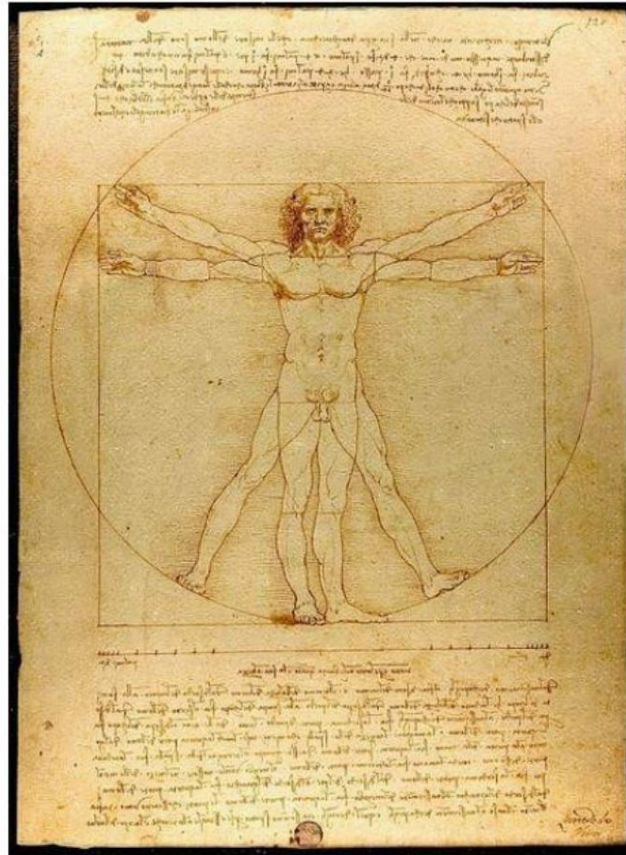
**I did not find it.** Even the Renaissance (which tried to elevate man and free him from religious tyranny) was not a humanist era: on the contrary, it was an age of fierce religious and predatory wars.

**There were people in the Renaissance who could be called humanists, but they were few.**

Every era, no matter how cruel,

gives birth to their own heralds of humanity. But most often their fate is tragic.

Like Jesus Christ. The great humanists of the Middle Ages or Renaissance lived in "wartime conditions," when the fires of the Inquisition were still raging and the dangers of defending fundamental human rights and freedoms were great. Their victories for free speech were bloody.



**Leonardo da Vinčis. Žmogaus figūros proporcijos apskritime ir kvadrato. Apie 1449 m.**

## How do philosophers define the concept of humanism? Here is one example:

"**Humanism** (Latin *humanus* – human), a worldview affirming the anthropocentric value and dignity of man and the corresponding social relations; in a narrower sense – a cultural movement of the 14th–16th centuries. The Renaissance... Renaissance humanists established a new approach to man: they emphasized **the power of the human mind**, defended the free personality and its individuality, and raised the importance **of education** . They demanded **to study and think** about freedom, expressing a new worldview that considers **man to be the greatest and most fundamental value**. Such The exaltation of man was new compared to the Middle Ages, which emphasized sinful human nature. **Having realized his own value and daring to be himself, the Renaissance man believed that he had the right to enjoy life here and now...** Representatives of Renaissance humanism - Dante, F. Petrarca, Leonardo da Vinci, L. Valla, Erasmus of Rotterdam, M. de Montaigne, F. Bacon, T. More and others - put forward the ideas of individual autonomy and independence. Representatives of Romanticism - F. Schiller, JW Goethe, GE Lessing, JG Herder - sought **the cultural and philosophical heights of humanism in their works**. According to I. Kant, a person should be an end for another person, but never just a means. The Enlightenment established human individuality and the concept that **the human mind has the power to decide independently**. Humanism was based on

the idea of the possibility of human progress. The philosophers of the Age of Enlightenment, Voltaire, D. Diderot, J.-J. Rousseau and others transformed the theoretical principles of humanism into practical demands for freedom, equality, and progress; J.-J. Rousseau called for the humanization of civilization. The crisis of this humanism, caused by the industrial revolution and the anti-human social practices of 20th-century Bolshevism and fascism, was interpreted as the demise of European civilization and culture.”\*

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That definition forgets to emphasize that during the aforementioned eras, people lived in inhuman conditions. Individual humanists preached the ideas of humanity, but life went in the opposite direction. Talking about freedoms and rights is welcome, but ensuring them in reality is an unsolvable problem to this day. **There has never been true humanism. This is a fact.** So talking about *post-* or *trans-* humanism means just pouring from an empty cup into a cup.

Humanity is already living in an apocalyptic era (neither philosophers, nor scientists, nor politicians hide this anymore), and when we will talk about humanistic...it is completely unclear. It makes sense to raise another question: **why** does a person constantly betray his anthropocentric (according to philosophers) or divine/spiritual (according to mystics) value? It is himself. The essence is in human consciousness. Ask a person what consciousness is, and most will just shrug their shoulders...a person is aware only of his mind, which is supposedly in the brain (science still cannot define the concept of consciousness). People's knowledge about themselves is at the lowest level (despite the rather high level of development of new technologies). If the mind is disturbed you can't put a psychologist in every mentally disturbed individual. And what can a psychologist do? Almost nothing. Perhaps it is difficult to find out the causes of the disorder or suffering through long and very expensive conversations, if the patient is open enough. Long, calm conversations heal to some extent. Difficulties, mental tension subside. And if a psychiatrist adds a pill, it becomes somewhat easier to “lift this world”. Until a new “volcano erupts”. And the latter is sensitive like a spark. And only when you get to a different type of *human doctor* (a yoga or meditation master), a person learns *to calm the mind and thoughts*, begins to heal from the inside. Although Jesus Christ taught his followers PEACE, the church itself has not yet taught its sheep **THIS. The church is intended for the worship of God. It has forgotten the words of Jesus that He does not need the honor of this world. If the church had become an oasis**

**There would be no crisis in Christianity today.** I believe that it is impossible to correct the situation due to the dogmatism and ritual traditions that have taken hold.

I generally find it difficult to watch the Vatican rituals, because the priests show off their *haute couture*, and the excessive brilliance of clothes and all kinds of candelabras inhibits spiritual energy: the mind gets angry - why do they need it? Why is that brilliance not present among Buddhists? You won't find cheap temporary splendor in their monasteries. All attention is focused on the spiritual state of man. Peace. The ancient Greeks taught and taught moderation, but, unfortunately, they did not teach it to Europeans. The Church, having fallen into the arms of the Roman emperor, was tempted by royal splendor and cheapened itself. I try to imagine in my mind how much each cardinal and other high-ranking priests are adorned with. The closets of lower-ranking priests are filled with various colored vestments, which are intended for a particular canon. The naive believer is not bothered by this - he is completely captivated, admires and merges with it... forgetting himself.

I certainly have no intention of insulting or humiliating believers, but following the example and words of Jesus Christ, I want to oppose those church traditions. Isn't it time for a change? How much can one play with visual "spirituality" while forgetting the Holy Spirit - the living God? It is no coincidence that one honorable Lithuanian cardinal said that many unbelievers attend church.

And why do we need religion? Religion is an "instrument" of the church – a certain institution that has concentrated great power to control people. Religious leaders sought to free man from sin, although they themselves lived in it. Cruel coercion flourished in the church: imposing guilt on the innocent, subjugating the mind to the confession of dogmas and worship of a god living in heaven. **The church did not teach that God lives in Man. That He is a Living Spirit, with whom one can find a living connection...by calming the mind.** The Teaching of Jesus Christ was falsified (this has been proven and I wrote about it in the book ON THE PATH OF LIGHT).

The same in politics, which is shaped by the "shadow rich" who are invisible to voters, in our time - powerful sharks of new technologies. They allocate billions for election campaigns, they also use religious organizations (including sects) to take over the human mind...for their own purposes, business needs and personal prosperity. The scale of human exploitation (new slavery) has risen sharply since the days of early capitalism. The current

The era of posthumanism is gradually transitioning into the era of online-cybernetics.

the stage of subjugation. Therefore, posthumanism turns into a total dehumanizing tool, because man is no longer left with the opportunity to live in Peace. The despiritualization of man is taking place on a wide front all over the world, because global corporations have captured him in their claws. Thus, this world becomes even more unbearable (antihumanistic), without the possibility of hiding in a safe place. A man can only be safe IN HIMSELF. The outside

Who created that enemy? Faith in science, excessive trust in reason and unrestrained exploitation of Nature for the "well-being" of people. Man absorbed rationalist, positivist, communist, capitalist, liberalist and other ideas into himself and... choked on them. Human mental capabilities were exalted by scientists, and later they were used by the creators of new technologies. More precisely, global business. The human mind turned into a monster, sweeping away everything. The return to the spiritual essence of man (which was spoken about by medieval mystics and is still preached by Buddhists) has become practically impossible, because from a young age a person is subordinated to the implementation of "scientific achievements" - otherwise he is written off as useless "fossils". Online games, which begin at a young age, and the "community" affairs of social networks, very easily separate the mind from the Man himself. New "needs" make a person sick physically and mentally, and his vital energy (spirit) becomes an instrument (prey, victim) for others. Man, as a creation of God, loses connection with the Creator.

## SUMMARY

In the book "ON THE PATH OF LIGHT" and on the website sviesoskeliu.lt, I indirectly tried to answer the question raised: WAS THERE AN AGE OF HUMANISM? That is, when did man live as a Man?

NO, – I say today, – there was no such age. And there will be no such age if a MAN LIVES WITHOUT KNOWING HIMSELF and therefore can turn into whatever he wants in the course of his life: a zombie or a cruel beast. He can commit a crime against another, he can terrorize a loved one, join forces with destructive forces, without realizing why he is doing it. Summarizing everything that has already been written, published in the book and on the website, I conclude my work with a statement that I no longer doubt:

**Humanity without spirituality...is just a fiction. An illusion, a philosophical concept and nothing more.**

Of course, I did not invent anything new, I just "went" through the books of the mentioned authors, through the Word of That Author, which was interpreted, falsified in various sources. The Holy Scripture is not a god. From the Egyptian theurgists, the Neoplatonists of Antiquity and Early Christianity, Christian mystics and Gnostics, Eastern spiritual leaders...from Buddha to the Dalai Lama, Osho or the American Buddhist Ken Wilber...everyone claimed exactly THIS: **ONLY SPIRITUAL PRACTICE MAKES PEOPLE HUMAN**. There is no other path to "revelation".

You need to start not with love for yourself, but with Love for Him – the Only Lord of Light. Then all the troubles of life will be solved by themselves. I can only warn you: do not believe false prophets, of which there are many. You do not need comfort, but Love, which comes *naturally from within you* (for “the kingdom of God is within you,” said Jesus Christ), if you surrender to the Lord of Light, forgetting yourself. This has been verified. Do not doubt this, “die” to be reborn new.

*Only then will true life begin, the true epoch of humanism that Jesus Christ originated first from love for the Lord, and then from love for one's neighbor. Don't confuse the order.*

**Let there be Light!**

**Do not believe ANY false prophets, for they will use you and throw you away...**

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\*I have highlighted in red those thoughts in the quote that should be devoted to a separate article, because they contain a misinterpretation of the concept of humanism. <https://www.vle.lt/straipsnis/humanizmas/>

I will not promote the aforementioned book about the age of posthumanism, because I do not agree that the worship of the Baltic mythical past or the experience of one mystic of Indian origin can be universal and acceptable to everyone, and can also be misleading.