

Exploring the mind—one of the main areas of philosophy. Philosophical views are often examined with reason —**dualism and monism**.

Dualism states that the mind and body —**two different forms of existence**. René Descartes, one of the most prominent representatives of dualism, argued that **The mind is an immaterial substance that interacts with the physical body..**

Monism, opposite of dualism, claims that there is **only one form of reality**. The nature of the mind also includes other questions that **unrelated** with his relationship to the body.

The mind is also described as **stream of consciousness**, manifesting one thought at a time, moment by moment, like a fast-flowing stream in which sensory impressions and mental phenomena are constantly changing.

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There is so much confusion, contradiction in these Wikipedia statements, where is the mind connected? **with the human body** (with the brain), not with **nervous system, which works throughout the body, in all the atoms in the body, not just in the brain**) and **psyche** (emotions), **and even with consciousness**. It may be possible to believe in these claims, but that is no longer the domain of science, but of religion. To believe in them is to get caught up in endless, inexplicable, unscientific debates. So let's leave them aside.

Every person (if their mental abilities are normal) **can you say** (if you have no intention of hiding, lying), *about what he thinks, what do you believe in, why do you believe or not believe, why angry at something or loves or dislikes something*. Etc. Analyzing those *subjective factors of thinking and mentality*, we can draw certain conclusions about that person: **What kind of person is he?**: honest or liar, hypocrite or ignorant, scoundrel or unfortunate, etc. etc. Unfortunately, and it is very unfortunate, but we cannot conduct such research, we do not have the right to interfere by force into a person's inner world and we are left with **to accept a person as he is** (at the moment, because it can still change very radically over the course of life.) It would be impossible to say how much intelligence and awareness a person has, because these are changing factors.

Conclusion with a question: We interact with people we don't know, even though we sometimes consider them close. We open our hearts to them, we share everything with them, and he can use all of this not only without gratitude, but, on the contrary, by doing you harm, intentionally (consciously) harming you, taking revenge for something, etc. And this does not concern some exceptional person, not some sick person with psychological pathologies, but a completely normal-looking person, such as the great

most **There is an invisible, unpredictable evil within man.** (anger, revenge, hatred, lies, hypocrisy, etc.). **What to do with it??** Constantly forgiving, constantly shedding tears, constantly enduring violence, uncontrollable anger for any little thing that annoys him.
HOW to live in the world with a sensitive heart and faith in humanity?

You will say that I am thickening the colors. I don't think so, -Having lived a long life and experienced so much pain, injustice, lies, and rejection from those close to me and those far away, I don't even know... **how** I survived that long. There were moments when I didn't want to live anymore. And more than once. **But once, when I was about to raise my hand against myself,** Something happened and before long everything became clear. **I realized** (I write deliberately - "**I realized**", and not I understood, because it did not come from reason, not from science books), but **from myself,** having calmed the mind (thoughts). **I realized** that throughout my life I have reacted to the world with emotion and did not know any other way to resolve this or that situation related to relationships.

When I learned that there was a DIFFERENT way to know myself, the world, and another person, everything changed. Not in the world, but in me. All the pain and resentment disappeared, I could forgive even the truly malicious "friends". I learned that I was not alone in this ""**discoverer of miracles**", those who go can boast of that discovery **another way** through life and **through YOURSELF** And when you find out, you feel sorry for those people who fight with others with the angriest words possible, in the most ingenious ways possible with others (not necessarily enemies), thus destroying the other/them. *without any pity for yourself or others.*

So, **there is a way** how to overcome the mind-emotional (more precisely **ego**) an unconscious action that generates evil. **This is not just a field of psychology. It concerns spiritual experience, faith.**

However, there are obstacles why doesn't a person believe in THAT miracle? **Don't believe,** because TAM does not have the time, conditions, is not able, does not have the appropriate knowledge, does not have the internal imperative to figure it out ... **And here it stops.** No one can force another to believe in It, to accept it as the Truth, because everyone supposedly has "their" truth/truths, their own path/paths. Therefore, there is a struggle, a real battle between two people, between separate groups, between states. Everyone is ready to even die for their truth, which may not be worth it.

Let's go back to Wikipedia: "Modern theories about the mind are based on **scientific brain research,** stresses that **the mind is precisely the product of the brain, which has both a conscious and unconscious component.** Unfortunately, science can say NOTHING about the mind and consciousness? ABSOLUTELY NOTHING. **That we reason with our brains is just an assumption, not proof.**

Buddhists think differently. According to their understanding, **Representatives of the religion of science (believers in scientific truths) should be treated essentially: TREATING PEOPLE BY SILENCE**

HIS MIND. Then the aforementioned happens ""**miracle**": a person learns that he is only a particle of EVERYTHING. **When a person accepts himself as a particle of ALL (not the dust of the earth), he will never become another person's enemy, because BEING is One.** (One, the Absolute, - the philosopher would clarify). There is no other method. And in general, there is no need to invent any scientific methods in order to perceive and accept EVERYTHING as TRUTH. And here we move from the scientific dualistic (I am not you), i.e. the Cartesian method (based on empirical experimental methods), to **MONISTIC APPROACH TO REALITY** (of which we are a part). This is possible only by stopping, silencing the dominance of the mind in solving the problems of existence. THIS cannot be done with a scientific experiment. It is impossible to even describe all of this. THIS can only be felt, experienced by a person himself through himself.

Monism, as opposed to dualism, claims that there is **ONLY ONE FORM OF REALITY** By accepting oneself as a part of ONE, a person becomes conscious, responsible for EVERYTHING. People become *close friends* in the full sense of the word. Peace of mind helps to seek ways of unity that unite everyone for the benefit of all. In this way, a person overcomes **pride of mind** (based on "one's" truth) as the greatest sin and becomes **like-minded people.** **We ARE what we are.** without conflict with another/ others. **THAT is what Jesus Christ taught.** We encourage His words **In the Gospel of John 14**

8 Philip said to him, "Lord, show us the Father, and it is enough for us."

9 Jesus said to him, "Have I been with you so long, and you still do not know me, Philip?

***Whoever has seen me has seen the Father!** So how can you say, "Show us the Father"?*

*10 **Don't you believe that I am in the Father and the Father is in me?** The words that I speak to you I do not speak on my own authority, but the Father who dwells in me does the works.*

*11 Believe me that **I am in the Father and the Father in me.**, or believe me on the works themselves!*

12 Truly, truly, I say to you, whoever believes in me will do the works that I do; and greater works than these he will do, because I am going to my Father.

13 And whatever you ask in my name, that I will do, so that the Father may be glorified in the Son.

14 Whatever you ask in my name, I will do it.

15 If you love me, keep my commandments.

16And I will ask the Father, and he will give you **another Comforter**, who would remain with you forever, –

17**The Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. But you know him, for he dwells with you and will be in you.**

18I will not leave you comfortless; I will come to you.

19A little while longer, and the world will see me no more, but you will see me, because I live and you will live also.

20On that day you will understand that **I am in my Father, and you in me, and I in you.** 21He who has my commandments and keeps them, he it is who loves me. **And whoever loves me will be loved by my Father, and I will love him and manifest myself to him.**”

22Judas (not Iscariot) asked, “Lord, how is it that you will reveal yourself to us and not to the world?”

23Jesus answered him, “If anyone loves me, he will keep my word, and my Father will love him, and we will come to him and make our home with him.

24He who does not love me does not keep my words. And the word which you hear is not mine, but the Father's who sent me.

25I have told you these things while I am still with you,

26**The Comforter, the Holy Spirit, whom the Father will send in my name, will teach you all things and remind you of everything I have said to you.**

27Peace I leave with you, my peace I give to you. Not as the world gives, give I unto you. Let not your hearts be troubled, neither let them be afraid.

28You have heard how I said: **“I am going away and will come back to you again!”** If you loved me, you would be glad that I said, “I am going to the Father,” for my Father is greater than I.

Christians have not yet understood that the Holy Spirit, our Comforter, comes only when we are in Peace. When we accept the Peace of Christ into ourselves.

That's when the miracle happens. Spiritual experience comes through the stillness of the mind. A person experiences the indescribable power of love. There are no words for surprise. **Having discovered THIS within himself, he KNOWS that THIS is the gift of Christ.** There is no longer any contradiction between me and HIM. **We are ONE.** Life changes, it begins to bloom with all the colors of Light. Until THAT happens, "all people are enemies," as my

beloved English writer R. Oldington. His experience in World War I taught him to love. War is such a terrible phenomenon that it changes some sensitive souls. NOT ALL.

Oldington wrote:

"We must give ourselves to others if we want to receive anything from them."

**"We are humans. We create gods and wrestle with them, and they
blesses us."**

Unfortunately, **The dominant monopoly of reason in homo sapiens culture denies all this, mocks it and manipulates it. We are mentally ruined personalities who have no chance of becoming Human. Only the practice of Unity with ALL can bring us closer, humanize us. Only in this way will we understand the essence of Consciousness and the meaning of awareness.** An unconscious person is condemned to enslave others, to endure the violence of others, to become a slave/slaves in some dystopia**, which is ALREADY being designed with the help of AI by the powerful "superhumans" of Silicon Valley. They intend to subjugate us, to impose living standards born in their hot heads, so that we will help implement their inhuman, "transhumanist projects" (artificially created with biotechnology to improve human nature) in the name of their monopoly of the kingdom of EGO.

By using artificial, non-human, machine intelligence on our children and grandchildren, deciding for us about our true needs, those who believe in machine intelligence are committing a crime against Man and His Creator. AI designers are also beginning to realize this.

This is a bluff with rivers of blood and tears in the future. The number of believers (acting unconsciously) in those superhumans is gradually increasing, because the sleeping mind dreams of its power and money. World religions were created and supported by the same principles. You will be "dust of the earth", slaves, "parasites", heretics unworthy of the fullness of human life. All versions of biotechnology, quality of life and longevity will serve them first, not you, the slaves.

**For now, the choice still depends on our will, not theirs.
LET'S THINK.**

There are many ambiguous texts in the public space regarding AI. On the one hand, it is justified, emphasizing its benefits "for the good of humanity", but smart and responsible people have already understood the intentions of AI developers and see the hidden threats of its use. The daily intrusive and even playful advertising of AI does not leave us alone. Entrepreneurs working for this purpose dream of **benefit themselves, not us.**

Artificial intelligence is just a metal box with an integrated mechanism (algorithms) that will use artificial voices to invite you to be friends because it supposedly "needs it."

In this section of the website, I intend to present, as much as I can, the most important BEFORE and Arguments FOR artificial intelligence based on the AI constructors themselves, the world's most famous thinkers.

And let us remain faithful to OURSELVES and GOD.

No one doubts that at some level, AI is needed in companies to improve labor efficiency, to save production costs, to optimize labor resources, and the freed up funds would bring greater benefits to all people, not just business owners. This is the most important **FOR** in the manufacturing sector.

Sending AI-generated ideas to people is a very responsible act, very risky and dangerous. AI "ideas" are not your ideas. They are generated by a lifeless mechanism that you have learned to work with (manipulate algorithms). It is not **Plato's ideas****. **AI ideas do not exist in reality, have not existed, and will not exist.** But you chose them for the sake of...your own well-being. You believe in their "efficiency", although that belief (even if based on calculations) has no connection with the real needs of a person. You don't talk about the well-being of another person, because you don't know **WHAT** the other person(s) needs. **You are not a god. You are a slave to that mechanism, but you are not yet "burned out" by it.** Inserting AI into the lives and minds of other people is manipulation. Who will be held accountable for AI mistakes? They can be very painful.

I REMEMBER:

consciousness has nothing to do with artificial intelligence. We already have consciousness "integrated" by the Creator himself. We do not need AI services here. Wise people KNOW that silence, peace, meditation are the path to consciousness. Only a conscious person has the right to decide about real human needs, not technocrats.

ANOTHER PERSON IS NOT YOUR GOD.

Remember this and don't forget it. Don't hope that someone will create a happy life for you. At least carry the candidates for the role of god in the world in a cart. Now a new kind of gods has appeared who know how to work with complex machines. AI knows how to calculate, process various data according to the given

programs, knows how to follow your life in the digital space (on the Internet, FB and other social networks), knows how to "talk" to you, imitating your voice and knowledge accumulated from the information field, thanks to algorithms, and not with the help of your mind or consciousness. Don't get fooled by listening to it.

DO YOU KNOW WHAT PEACE OF MIND IS?

You know nothing and don't care about it. It has been established that only 0.99 percent of the world's population lives consciously. BEING here and now, realizing THAT PRESENCE, is Happiness. You don't know it. For you, happiness is taking, sometimes giving, most often getting what you desire. And all this concerns material objects. Sometimes happiness is associated with fame, honor, authority, power, wealth.

You and the vast majority of people only need PEACE to achieve true HAPPINESS..You can't buy it. You have to create it yourself. Not to lounge on a chaise longue, but to LIVE in a state of peace all day and night. Oh, how difficult it is and not everyone can achieve it.**This is the Peace that Jesus Christ promised you. But you do not believe in Him.**And why do you need it? It would only interfere with your work and activities. Right?

You are restless, you disturb the peace of another/others because you need something from others. Right? You don't know how to live differently. You haven't learned it. Nobody taught you that. Everyone deceived you, poor thing. Do you know that disturbing, depriving another person of their peace is tantamount to making them sick and even killing them. Stress causes many diseases, one of which is the desire to commit suicide. Have you ever experienced this? When you think about it seriously, maybe you'll understand. Now you need that DI crying. He can really become such a friend that you won't get rid of him from morning to night...and even at night. If you want it, have it. But it's better to tell him right away:**"No. Not on our way."** Only in this way will you preserve your own and other people's peace and joy of life.

One very famous, wise man, a profound psychologist, said:**"Peace does not come from achieving the best results. Peace is the disappearance of any hope of changing what is."**(Karl Renz)**Do you get the point?**It is possible to deceive yourself and others with the hopes offered by AI, but it is better not to do this until the disease and attachment have developed.

When I learned that the most famous philosopher and historian of our time, Noah Harari, practices meditation, I understood why he is so creative, energetic, constantly tense, not obese, always on time, writing books, giving lectures all over the world, and never seems restless. Every word he says,

born from his inner silence, is worth its weight in gold. His words are born from CONSCIOUSNESS, not from AI. What he says is first well meditated, weighed...and only then is it announced to others. Read more about him, listen to him in person. Read his books, and you will be ashamed that you know nothing about yourself, homo sapiens, or about the history of humanity, and nothing about the threats of artificial intelligence.

I've been watching AI ads on social media. Oh D., what optimism, what sweet faith is coming from the lips of young men and women!!! The impression is created that you *you have nothing to lose if you learn to work with AI*"It only takes 1 month and a few minutes a day, and you will become AI operators, you will be able to make money, because you will know the way, the methods." Have you heard such promises? Are you tempted? Few people resist...**This is where the danger lies. An immature person always follows the straight path, through faith in a false god, to...destruction.** I wish you luck, but this is not my path. I will grow cabbage and potatoes better in the garden, but I will never be friends with AI. I will not sell my peace of mind and soul for money. I learned mindfulness through meditation. I was lucky.**I KNOW what PEACE is.** And you don't know. There is a deep divide between us.**an abyss that should not exist.** I can't teach you THAT. You yourself must be interested in it, discover it, understand it, and only then will we find a common language. Then we will say: **"We don't need AI advice. Thank you."** You can successfully work and live your mind by relying on That Peace, on that Reality, whose other name is the LIGHT OF CONSCIOUSNESS. It gives you so much joy, so much love, and so much strength that you can share it all with the whole world. THAT is a wealth that money cannot buy. **He who speaks from the heart and with a frown on his face does not know what he is talking about.**

I won't get mad at anyone who calls me stupid. Maybe I'll just say a prayer for that person and walk away.**Here are my arguments.BEFORE**artificial intelligence (AI). There are more such "againsts".

DI COUNTERFEITS AND HARM TO HUMANS

There are currently lawsuits going on in the US between two Silicon Valley luminaries - Altman, owner of ChatGPT, and Elon Musk. I won't introduce them anymore, I've already described some of them. ("Read "Forward to Hell" on the website sviesoskeliu.lt).

What did those men fight about? More precisely, why did E. Musk sue his former colleague, co-owner Altman...More than one court hearing has already taken place. The last one really surprised everyone. It shocked. It turned out that...Here is the official information:

"Elon Musk's lawsuit against OpenAI reveals startling information that **private messages within the company are not secure, which casts a shadow over the organization's practices**. Musk's legal team says internal communications were not properly secured, raising serious questions about privacy and trust at one of the world's most influential artificial intelligence companies. The shocking revelation has sent shockwaves through the tech world, with experts now questioning the security protocols of leading AI organizations. The case is developing rapidly, and its implications for both Musk and OpenAI could be "very significant."

BREAKING NEWS:

Published on May 9, 2026.

THE HURTFUL TRUTH FROM THE MUSK - OpenAI

CASE: "PRIVATE MESSAGES ARE NOT SECURE"

- SILICON VALLEY IS PANICKING!

Messages once considered "totally private" have now become a bombshell, forcing Elon Musk and Sam Altman to confront their greatest fear: nothing stays private forever online. Private messages are no longer safe.

This is the painful truth revealed in the existential struggle between Elon Musk and OpenAI
in a legal battle.



As the two tech giants clash in court, a trove of personal messages, private conversations, and even conversations between just two people have come to light. Words once passed on in absolute confidence have now become evidence, weapons, and a source of anxiety for both sides.

"We never thought private messages could be used like this," a source familiar with the case said. "What Elon Musk and Sam Altman talked about privately with employees, with partners... is now at risk of being made public."

Elon Musk, who has always emphasized privacy and data security, is now facing a harsh reality. Many of his messages with early OpenAI executives have been subpoenaed. Among them are messages that clearly express frustration, anger, and deep concern about the direction OpenAI is taking after receiving a large investment from Microsoft.

French prosecutors charge Elon Musk and X over alleged child abuse content | LiveNOW from FOX

Sam Altman and the OpenAI team are not doing much better. Their internal messages about strategy, about Elon Musk, and even about long-term plans could be made public. A lawyer familiar with the case commented: "This is a wake-up call."

"A wake-up call for the entire tech industry. No one is safe – not even the richest and most powerful."

The incident caused panic in Silicon Valley. Big CEOs began reviewing their chat history. Many companies rushed to update their internal privacy policies. Employees were afraid: today it was Elon and Sam, tomorrow it could be them.

Behind the giant legal figures lies a valuable lesson: in the digital age, private messages are an illusion. One click of the send button can become evidence against you years later. A harsh word in a private conversation can become a headline in the press.

Elon Musk, according to people close to him, is very upset and sees this as clear evidence that stricter regulations on artificial intelligence and personal data are needed. Sam Altman also tends to keep quiet for now. This only fuels public curiosity. The lawsuit between Musk and OpenAI is not just a fight between two companies. ***

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* <https://lt.wikipedia.org/wiki/Mind>

You can read about Plato here:<https://lt.wikipedia.org/wiki/Plato> I won't teach you philosophy, but I'll just add from myself that computers that have infiltrated the AI system live in Plato's cave and don't see what's happening in Reality. This is a very dangerous game.

* * * photo:https://theupdatehub.cfx.bz/blog/pn-breaking-news-the-harsh-truth-from-the-musk-lawsuit-openai-privatemessages-are-not-secure?fbclid=IwY2xjawRtZAVleHRuA2FlbQIxMQBicmlkETFXdk1GODdMQIIBThp4UVJwc3J0YwZhchBfaWQQMjiYMDM5MTc4ODIwMDg5MqABHr4wssqELH4ryfQyZz4C03pZ1VqT5NOLlb1qBb4ijbtC4OrSy_SFUyS70HRP_aem_XLe2uIfNKZjXhqzqZqnBXQ